

SPRING-FALL¹ WEEKEND PERSONAL EQUIPMENT LIST²: (Includes what you wear & pack)

PATROL: _____ DATE: _____ ITEM	SCOUT																			
Foot Wear																				
Hiking Boots (water proofed)																				
Pair extra boot laces																				
Pair tennis shoes for camp / climbing																				
Socks																				
Pair Athletic socks (for wear with tennis shoes)																				
Pair hiking socks (wool) x2																				
Pair polypro sock liners x2																				
Shirts																				
T-Shirts (at least 50/50 or quick dry) x2																				
Long sleeved shirt (at least 50/50 or quick dry)																				
Long Underwear (optional)																				
Pants																				
Pair long pants (quick dry w/ liners preferred) x2																				
Hiking shorts/Swim Trunks (optional)																				
Long Underwear (optional)																				
Outer Wear																				
Fleece jacket or wool sweater																				
Rain suit (pants & jacket), recently waterproofed																				
Wool / Knit Cap																				
Gloves (optional)																				
Light Jacket (optional)																				
Sleep Gear																				
Sleeping bag in waterproof stuff sack & trash bag																				
Sleep clothes (shorts & T-shirt) packed inside sleeping bag																				
Sleeping pad																				
Personal Hygiene and Health																				
Hand Towel (pack towel or bandana)																				
Small Shaving Kit or bag containing:																				

	PATROL: _____ DATE: _____ ITEM	SCOUT											
	Toothbrush & toothpaste												
	Shaving gear (optional)												
	Deodorant (optional)												
	Camp Suds / Small bottle Anti-Bacterial Soap												
	Small bottle insect repellent												
	Lip balm / Chap Stick												
	Sun Screen (SPF 30)												
	Sets of any prescription drugs (1 for use and 1 for back-up with adult leader)												
	Safety Pins												
	Backpack Equipment												
	Backpack												
	Pack cover, recently waterproofed												
	Hiking poles (Leki-style) (optional)												
	1-liter Nalgene bottles, wide mouth with loops on caps. x2												
	Cup, non-breakable (recommend Lexan)												
	Spoon, non-breakable (recommend Lexan)												
	Small AA or AAA flashlight (new batteries)												
	Compass												
	Miscellaneous												
	Pair sunglasses (optional)												
	Personal First Aid Kit w/ Hot spot kit (moleskin)												
	Large plastic trash bags (recommend w/ draw string) x2												
	2-gallon plastic zip lock bag												
	Whistle for emergencies (optional)												

¹List designed for spring/fall conditions and assumes 1 night overnight.